



LIVE A HEALTHY LIFE STYLE

COME & JOIN THE FUN!

1 hour workout sessions
guided by a **professional trainers !**

WE OFFER

- Gymnastics (for kids , adult , parents & kids)
- Yoga
- Zumba
- Pound
- Piloxing
- Hitt (Lady Only)
- Booty (Lady Only)
- Trampoline Workout

COMING UP NEXT >>>

- Gym Wheel
- Bungee Workout
- Ballet



09 973127453



Thein Phyu Stadium : Thein Phyu St , Yangon



triplehsportclub@gmail.com / <https://web.facebook.com/htar.htethtet>

